

nouvelles news

October 2011 octobre



Events this Month

All Sunday services start at 10:00 am unless otherwise specified.
We have an active children's program during our Sunday service, at which all children are warmly welcome

October 2

Mr. Daron Westman

“The Koran for Religious Liberals”

A careful reading of the Koran yields many insights amenable to the religiously liberal. Daron Westman has read the Koran carefully. Daron is a Humanities Professor at Champlain Regional College and Bishop's University. He last spoke to us about how to read the Bible story of Abraham and Sarah. He lives in Lennoxville.

Service Leader: Keith Baxter

Musician: Jaime Dunton

Flower Convenor: Sooky Dunton

Coffee Convenor: Debra

October 9, 10:30 am

Rev. Carole Martignacco

“Grace and Gratitude - A Thanksgiving Communion”

Since all life is gift, our primary and universal prayer should be one of thanksgiving. We will celebrate with our traditional, non-denominational communion service.

This Thanksgiving service will take place at the historic **Huntingville** Universalist Church, Rte 147 in Huntingville, about 12 km northeast of North Hatley. Rte 147 goes south from Route 143, just south of Lennoxville. Note the slightly later than usual time: 10:30 a.m. There will be *no service in North Hatley* this Sunday.

Musician: France Thibault

Flower Convenor: Sooky Dunton

October 14-16

“Eastern Fall Gathering”

This weekend is the Fall Gathering of Unitarians and Universalists from Eastern Canada (Kingston to St.

John's) to be held this year in Fredericton NB. Look for more info in the fall newsletter, but save the date and plan to carpool with others from North Hatley for a weekend of fellowship and workshopping with our Sisters and Brothers from around the Region.

October 16

Film: “Baraka: The Thread that Weaves Life Together”

Baraka is a 97-minute film. It is a wordless and transcendent global experience of sights and sounds of the human condition.

Also note: another possibility in the works for this Sunday morning: a live Skype transmission of the Sunday morning worship service from the annual regional fall gathering of UUs, happening this year in Fredericton NB, October 14-16. This, if it works out, would be at our usual worship time of 10 a.m. here. The Reverend Ray Drennan, former parish minister of the Unitarian Church of Montreal, and now an informal minister at large for the Maritimes, will be in the pulpit. At this time we are not yet 100% sure this will happen, but it is being worked on, so it is quite likely. An opportunity (using technology) to worship together with 75-100 devoted UUs from the St. Lawrence and Atlantic region of Canada.

So stay tuned to see what this Sunday will actually turn out to be like in North Hatley.

Service Leader: Mary Lynn Ross

Flower Convenor: Sooky Dunton

Saturday, October 22, 8 p.m./ 20 h

Le Choeur des sangs mêlés

“Fall Concert ”

Le Choeur des Sangs Mêlés is a women's chorus directed by Ms. Carol Harris, who sing music from many cultures of the world. They love coming to the

acoustically-blessed space at the UUEstrie meetinghouse, and their many fans in l'Estrie love hearing them here. More information will be coming soon about the theme and songs chosen for this concert. Meanwhile, mark your calendar for a Saturday evening of joyous music.

The Choeur has a new website:
<http://www.choeursangsmeles.com>.

Service Leader: Keith Baxter

October 23

Ms. Lindsay-Jane Gowman

“Empowering Women for a Peaceful World”

We recognize the goal of world community with peace, liberty, and justice for all with a special worship service on 'United Nations Sunday' each October. The UN has adopted the theme of Empowering Women for a Peaceful World as a special focus for 2011.

Lindsay-Jane Gowman visited the UN last April, participating in the annual seminar of the UU United Nations Office. She is also the Religious Education Coordinator for UUEstrie.

Service Leader: Joyce Booth

Flower Convenor: Sooky Dunton

October 30

Mr. Yannick Daoudi

“Humanitarian Expeditions around the World”

Yannick Daoudi has travelled the world using simple means (without fossil fuels often), observing the many varieties of Humanity in our world and their humanitarian needs. He works as an international consultant in education for a variety of NGOs, developing education projects in developing countries. He also organizes expeditions around the world which incorporate small humanitarian projects, always emphasizing environmental sustainability. His talks have captivated many in the Townships and elsewhere. He lives in Lennoxville.

Service Leader: Joyce Booth

Flower Convenor: Sooky Dunton

Coffee Convenor: Eva and Sam

Friday evening, November 4

“Works in Progress VI”

Our annual series of coffeehouse concerts called Works in Progress, resumes on this Friday night with another session, this time featuring younger musicians from the Eastern Townships. Proceeds from food sales and a silent auction will go to Jeunes Musiciens du Monde, a non-profit organization devoted to providing an avenue for young persons from a variety of backgrounds and life experiences, to learn to create and find beauty, joy, and personal fulfillment through music. Free-will donation at the door. The concert will be held upstairs in the Sanctuary of the UUEstrie meetinghouse.

Service Leader: Debra Fougère

November 6

Rev. Carole Martignacco

“Samhain: reflecting on our deceased family and friends”

Samhain in the Pagan tradition refers to the time of the year when the 'veil' between the world of the living and the world of those who have passed on is at its thinnest. A transitional time to pause and reflect as the season of growth draws to an end for another year, and the season of winter begins to take over.

Flower Convenor: Sooky Dunton

Coffee Convenor: Mary Lynn Ross



Our booth at Townshippers Day, September 17, with Sooky Dunton and Rev. Carole Martignacco

L'Abri en Ville: Possible Model for the Townships?

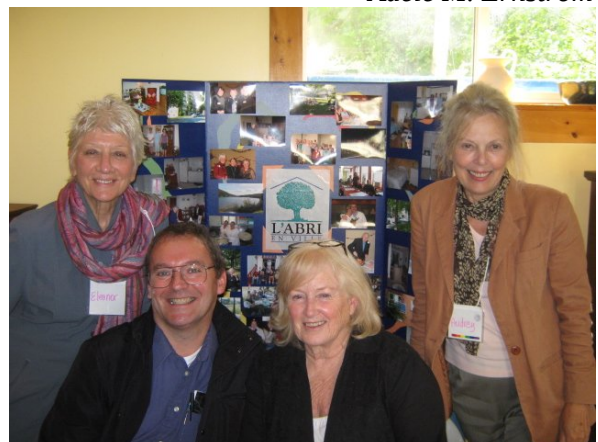


Visitors from Montreal joined members and friends of the congregation to fill the church on September 18 for a service on L'Abri en Ville, a programme established to provide long-term housing for persons living with mental illness. UUEstrie collaborated for the occasion with L'Abri coordinators and volunteers Eleanor Beattie, Audrey Bean, Marianne Metrakos and Perveen Khokhar. L'Abri en Ville was formed in 1990 by an inter-faith body representing 30 English-language churches and synagogues to address the urban conjunction of homelessness, mental illness and repeated hospitalization of such patients. With Our Harbour, its sister programme on the south shore, L'Abri sponsors ten houses with residents who have formed social networks assisted by volunteers who offer life- management support. What we might call the life-affirming value of this model was attested by four residents of L'Abri, two male and two female, who spoke movingly in dialogue with Carolyn Harrison of how

through its auspices they have been able to turn their lives around.

After a distinguished lunch coordinated by Debra Fougère, Reine Gagnon and others there followed a workshop, 'Creating Mental Health through an Active Community.' From her extensive experience treating mental illness as a family physician in Coaticook, Dr. Natasha Bird spoke on the evolution of mental health care in the Eastern Townships. She traced changes in attitudes towards mental illness, development in the organization of personnel and facilities in CLSCs and hospitals, and in the improved efficacy of medication. Dr. Bird commented on the current configuration of mental illness and pointed to the present incidence of homelessness in Sherbrooke of young people afflicted with schizophrenia. She next responded to questions and observations from the audience. Marianne Metrakos, coordinator of L'Abri en Ville, then addressed the workshop, setting forth the programme's premises. She was even-handed in laying out both its remarkable successes and its challenges, as in decisions about the suitability of residents and in the difficulty of raising funds to pay coordinators' salaries and other expenses. With a complete absence of grand-standing, she made her case with exemplary directness. Esther Barnett of Mental Health Estrie was observed taking copious notes and left, we understand, intending to explore the possibility of launching such a programme in our region. Many in attendance, from our own Carol McKinley to Dale Stout and Claude Charpentier of Bishop's Psychology Department, expressed their sense of the value of this occasion.

Adele M. Ernstrom





Minister's Reflection - Carole's Column

Sanctuary: a haven of safety, a refuge, a place for the sacred, a house of worship.

We are so blessed to have this beautiful historic place we call UU Estrie. Our gratitude shows in

how we've preserved and polished the legacy handed to us through generations of Universalists. Visitors invariably comment on the lovely sanctuary space with its chevron wood paneling and distinctive stained glass windows behind the pulpit. Not long ago I gave a quick tour to someone who'd come for a supportive chat. When we reached the sanctuary, she whispered - "Oh, how beautiful!" - then asked if she could sit a moment in the silence. It was late afternoon; the sun threw squares of light like dancing rainbows over pews and floor. I lit the chalice and left her to her thoughts. Later when we met in my office, she told me she felt at peace for the first time in months. Clearly she'd needed a quiet place to rest and recollect herself before speaking about the essence of her life. I spoke of frequently ending my office hours sitting alone before a flame in the silent sanctuary.

How often do you experience our sanctuary as a haven of peace? Sunday mornings before the 10:00 service can be hectic, even if you arrive early. The service leader for the day is lighting candles, checking the sound system and putting hymns up on the hymn board, musician and/or singers arriving are setting or tuning up. The coffee convenor is busy setting out cups, someone else handing out orders of service. In one corner there may even be an impromptu meeting! People gather and greet each other; the cheerful sound level rises as more people arrive. Conversations begun in the social hall easily spill over into the sanctuary, where we continue to greet others as they arrive - even after the service begins. There's a wonderful energy of welcome among us whenever we gather, but very little time for quiet reflection.

Lately I've heard from people who say they long for that small island of peace missing perhaps in their everyday lives, "a haven of

safety, a refuge." You may be one of them. You may need to slip into the sanctuary before the service and gather yourself together, reflect and be still. Or your need may be the opposite: to renew social connections, catch up on the latest events and village news. Some of us may need a bit of both: the hearty welcome and a brief time to retreat, regroup from whatever corners of our lives we've come.

As a multi-generational church family, we are blessed also with the presence of children with their young energy. In the past months, your Board and Religious Exploration committee have been in conversation with me about how to shape a more meaningful worship experience for all ages. We know that children look to adults for clues about how to behave in the sanctuary space; whether or not we are aware, we are always mentoring. If children see adults continue visiting as they enter the sanctuary, or speaking loudly during the Gathering Music, they may not understand how their own behaviour should change upon crossing the threshold from social hall into sanctuary. One thing became clear: our expectations should be similar for both adults and children.

And it would help to begin on time: children are not the only ones who become restless while waiting indefinitely for the bells to ring, announcing the beginning of the service.

You will notice that we've reinstated the line printed now in bold in each Sunday's order of service: ***Upon entering the sanctuary, please observe this time for quiet reflection.*** As we cross the threshold and go through the door into the sanctuary, we leave our conversations behind, to resume once again during coffee hour. Treating the sanctuary space as a special space, a place and time to celebrate the deeper dimensions of our lives and speak of sacred things, will require of us all some discipline before it begins to feel natural. As we grow, our welcome must embrace the needs of all. Though it may feel like too many rules, it's really a culture change. Our Affirmation proclaims: *Love is the spirit of this church, and service is its gift.* We are in service to each other, to meeting all our best interests, as well as to the needs of those beyond our doors. And especially to provide a thorough welcome to the visitor, a balance of the social and reflective will help newcomers feel at home.

As we make the shift toward greater reverence of our diverse needs, we model respect and gratitude for the gift of being together in community. May it be so - and may all be blessed!

— Rev. Carole

When you want to lay yourself open for
the divine,
like a snare that is hollowed out to its
depth,
like a canopy that projects a shadow
from the divine heat and light
into your soul,
then go into your inner place physically,
or to that story or symbol that reminds
you of the sacred.

Close the door of your awareness to
the public person you think yourself to
be.
Pray to the parent of creation, with your
inner sense,
the outer senses turned within.
Veiling yourself, the mystery may be
unveiled through you.

By opening yourself to the flow of the
sacred,
somewhere, resounding in some inner
form,
the swell of the divine ocean can move
through you.

The breathing life of all reveals itself
in the way you live your life.

~ Neil Douglas-Klotz ~

*Do kindness beyond reason;
Defy terror with beauty;
Meet darkness with Infinite Light.*



Keith's capsule, v2 #10

Greetings,

As anticipated, all-church events in addition to our Sunday worship continue to enrich life at UUEstrie. Our Labour Day picnic/water

communion was made more exciting by severe thunderstorms that drenched three of us while hiking in the woods. Congratulations to Adele and the several participants from L'Abri en Ville and allies, who spoke on September 18. This included Dr. Natasha Bird, who shared her experience as a family doctor in getting good treatment to the mentally ill here in l'Estrie. Mental Health Estrie is now looking very carefully at **the L'Abri en Ville model** of providing home, support, and community for people living with a mental illness.

Thanks to Rachel and several volunteers for organizing our booth at Townshippers' Day.

Oh, and don't forget our **Thanksgiving** service Oct. 9th is to be **in Huntingville**, instead of North Hatley. And don't miss the concert in our sanctuary by the **Choeur des Sangs Mêlés** on the 22nd.

In November we continue with a coffeehouse, **Works in Progress 6**, on the 4th, a fundraiser for Jeunes Musiciens du Monde.

One part of *my* vision for UUEstrie is a continuing, dynamic religious and spiritual exploration programme **for children**, one that makes the kids happy and gives each of them a thorough command of UU values, and **a UU identity**. Is that, or could that be, part of your vision?

Another part of my vision of UUEstrie is a strong **shared ministry**. This means that each of us is co-responsible for carrying out the ministries of the church. Most of our worship services are lay-led, and we are gradually expanding the cast of experienced service leaders in our congregation, to more effectively carry out this important ministry.

But shared ministry goes beyond the Sunday service. Work that any of us do in and for the

church can be thought of as ministry, such as coffee convening, spring cleaning, pastoral care for each other, you name it, we do it. It is transforming and empowering to see our contributions as ministry .

See you in church,

Keith

Denominational affairs

If you are a member, you get the Canadian Unitarian newsletter. On-line readers can access current and past issues at <http://www.cuc.ca/newsletter/canu.htm>

Lost ear plugs

Sunday September 11th I brought to church some clear plastic earplugs that I had just had made at some expense so I could stand being in coffee hour. They helped a little bit, and after that I went downstairs, where I changed back to my hearing aids for a meeting.

Between then and when we got home, I lost them! They are in a small white hexagonal container about 2.5" across.

I have searched through the church and in the parking lot, so my only hope is that someone picked them up. I would be very grateful for their return.

Thanks, *Jaime Dunton*

Musical Event and Multi-Cultural Potluck Supper.

Invitation to the entire Sherbrooke Community: Jewish Community Centre of the Eastern Townships' Multi-Cultural Peace Event

"Thanking and Remembering Jack Layton."

We Welcome Pierre-Luc Dusseault, New Democrat Party MP for Sherbrooke.

Interfaith guests from our Jewish, Muslim, Christian, First Nations, Métis, Ba hais & Buddhist communities. Celebrate with us.

Date: Friday, **September 30**, 2011

Time: 6:30pm – 9:00pm

Cost: \$10 donation, \$8 Students and Seniors or as you are able, (Children under 6 yrs. old are Free)

Enter Plymouth-Trinity United Church Hall
Location at: 380 Dufferin (Corner of rue Montreal and rue Dufferin)



Newsletter published by: Unitarian Universalist Church of North Hatley l'église unitarienne universaliste de North Hatley	
Address:	201 rue Main North Hatley QC J0B 2C0, Canada
Telephone:	(819) 842-4146
E-mail address:	info@uuestrie.ca
Church Website:	http://www.uuestrie.ca
Minister:	The Reverend Carole Martignacco revcarole@uuestrie.ca cmartignacco@yahoo.com 819-212-7150 819-842-1387
President:	Keith Baxter keith@uuestrie.ca
Lay Chaplains:	Jane Pankovitch jpankovitch@hotmail.com France Thibault francethibault@gmail.com
Ceremonies Coordinator:	Jaime Dunton ceremonies@uuestrie.ca
Religious Education:	Lindsay-Jane Gowman re@uuestrie.ca
Editor:	Lin Jensen Lin@uuestrie.ca

Minister's Office Hours
Tuesday & Wednesday, 2:30 – 4:30 pm
Please respect the Minister's sabbath, Sunday
afternoon and Monday.
For emergency pastoral care, phone:
1. Rev. Carole
2. Sooky Dunton
3. Joyce Booth



Calendar and Schedule

SAT	1	1:00PM	SATSANG WITH MOOJI
SUN	2	10:00AM	SERVICE: DARON: KORAN
TUES	4	6:30PM	BOARD MEETING
THUR	6	9:00AM	PROGRAMME COMMITTEE
SUN	9	10:30AM	SERVICE AT HUNTINGVILLE
SUN	16	10:00AM	SERVICE: BARAKA
SAT	22	8:00PM	CONCERT: SANGS MÊLÉS
SUN	23	10:00AM	SERVICE: JANE GOWMAN
TUES	25	9:30AM	NEWSLETTER COMMITTEE
MARDI	25	19H30	CERCLE GAULOIS
WED	26	7:00PM	NO-NAME SMALL GROUP
SUN	30	10:00AM	SERV: YANNICK DAUDI

Board of Trustees

You have elected this board to take care of business, please discuss your hopes and concerns with any member:

Keith Baxter	President
Adele Ernstrom	Vice-President
Mary-Ann McCarron	Treasurer
Rachel Garber	Secretary
Howard Hale	Member at large
Lin Jensen	Member at large

This is your newsletter !!!

Next issue of Newsletter is November 2011

Deadline: ***October 20.***

*Please send photos, or write your contribution on paper, parchment, or computer. Send to the newsletter committee in person or by email, send to **newsletter@uuestrie.ca**.*

Dear Contributors to Newsletter:

The Newsletter Committee frequently receives texts forwarded wholesale from one or another worthy publication or website. As such, they are not useful. When members come across material of interest that they would like to share, they are cordially invited to digest the texts they find valuable, reframing them in succinct form. Websites or links can be cited for those seeking further information.

Your Newsletter Committee